

Quesnel Early Years Activities

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
StrongStart –SD28 * Baker & Dragon 8:30-11:30 Bouchie & Barlow 8:15-11:15	StrongStart-SD28 * Baker & Dragon 8:30-11:30 Bouchie & Barlow 8:15-11:15	StrongStart-SD28 * Baker & Dragon 8:30-11:30 Bouchie & Barlow 8:15-11:15	StrongStart-SD28 * Baker & Dragon 8:30-11:30 Bouchie & Barlow 8:15-11:15	StrongStart-SD28 * Baker & Dragon 8:30-11:30 Bouchie 8:15-11:15	
Parent Child Mother Goose * Please contact CDC for the next session day and time.	Circle of Security 10:00–11:30 *	POP– CDC * 11:00-12:30 Indigenous Parent Wellness 1-3 pm	Parent Connection 10-11:30 * Breast Feeding Café (4th Thursday 10:00-11:00 am begins October 26th)		
Stop ‘N Play Drop in– EYP 9-2:30 pm	Baby Signs 9– 11 am *	Littlest People Playgroup 9-12 pm	Bringing Tradition Home 11– 12 pm		
CCRR Closed Mondays	CCRR Playroom open daily 8:30 –3:00 pm Monday to Friday			Play Group 10:00– 12:00 Lunch 12:00-1:00pm	Playroom open the last Saturday of the month 8:30-12:30 pm
	<u>Walk in Clinic for Mental Health Screening</u> CYMH-0-18 years 8:30-3:30		<u>Walk in Clinic for Mental Health Screening</u> CYMH-0-18 years 8:30-3:30		

Community Contact Information

School District #28 StrongStart (SD28) *

Baker 250-992-8383
Barlow Creek 250– 992-5134
Bouchie Lake 250-249-5913
Dragon Lake 250-747-2142

Library (LIB) 250-992-7912

Literacy Quesnel (LQ) 778-414-9119
West Park Mall

Quesnel & District Child

Development Centre (CDC) *
250-992-2481 488 Mclean St.
Pregnancy Outreach Program-POP
Infant Development Program-IDP

?Echen Healing Society (EHS)
250-992-9160 324 Hoy St. N

Child & Youth Mental Health CYMH–
250-992-4267 163 Kinchant St.

Big Brothers and Big Sisters– 250-992-7257

Axis Family Services

250-992-2759 160 Barlow Ave.

Quesnel Friendship Centre *
CAPC/Early Years Programs-EYP
250-992-8858 319 N Fraser Dr.

Child Care Resource and Referral (CCRR)
250-992-7606 469 Anderson Dr.

Family Support Institute-FSI 1-604-540-8374

For more information about the different programs please reach out to the individual community agencies .

*** Registration Required**